

## Personal Resources

### General

**Kids Help Phone**  
1-800-668-6868

**Mental Health Crisis Centre**  
1-888-737-4668

**Facts of Life Line (Planned Parenthood)** 1-800-463-6739:  
This is an automated tape series covering a whole range of sexual topics

**Lesbian and Gay, Bi Youth Line** 1-800-268-9688  
Peer counsellors - hours are Sunday to Friday 4:00 - 9:30 pm.

**Parent's Help Line** 1-888-603-9100 (anywhere in Canada)  
Professionals are available to discuss child and youth-related concerns with parents/caregivers.

### **Ajunnginiq Centre, National Aboriginal Health Organization:**

For resources on suicide prevention, Inuit traditional knowledge, mental health and wellness, sexual health, substance abuse, women and girls' health go to <http://www.naho.ca/inuit/e/resources/>  
Or call  
Toll Free: 1-877-602-4445

**National Women's Resource Center for the Prevention and Treatment of Alcohol, Tobacco and Other Drug Abuse and Mental Illness**  
1-800-354-8824

**National Sexually Transmitted Disease Hotline**  
1-800-227-8922

**Youth Crisis Hotline**  
1-800-HIT-HOME

There are many resources on [www.kickaction.ca](http://www.kickaction.ca)  
[www.powercampnational.ca](http://www.powercampnational.ca)

**Aboriginal Youth Network**  
[www.ayn.ca](http://www.ayn.ca)

**Canadian Aboriginal Aids Network** has many resources  
[www.caan.ca](http://www.caan.ca)  
Toll Free: 1.888.285.2226  
**For youth:**  
[www.caan.ca/youth/html/index\\_e.html](http://www.caan.ca/youth/html/index_e.html)

### Resources by Community

#### Nunavut

STI/HIV/AIDS Helpline at 1-800-661-0795

**Cambridge Bay Cambridge Bay Health and Social Services Centre**  
Nurse Manager  
Bag 200 P.O. Box 83  
Cambridge Bay NT XOE OCO

Tel: (867) 983-2531  
Fax: (867) 983-2262

**Community Wellness Centre**  
983-2133 phone / 983-2708 fax

**Crisis Shelter (on-call)**  
983-2133

**Social Services**  
983-4070 phone / 983-4064 fax

**Kalvik Youth Services Ltd.**  
Box 1038  
Cambridge Bay, NU X0B 0C0  
1-867-983-2644  
Fax:1-867-983-2644

**Wellness Centre Addictions Program**  
Box 16  
Cambridge Bay, NU X0B 0C0  
1-867-983-2129

**Clyde River**  
**Clyde River Health Centre**  
Sherry Devos, Nurse Manager  
PO Box 40  
Clyde River NT XOA OEO  
Tel: (867) 924-6377  
Fax: (867) 924-6244

**Early Childhood services**  
Day Care 924-6518  
Preschool 924-6565

**Community Wellness/Recreation Arena/Community Hall** 924-6360

**Ilisqsvik Society (Family Resource Centre)**  
924-6565

**Ayaupiaq Elders'**  
1-867-924-6368

**Ilisaqsivik Society, Family  
Resource Centre**  
Box 150  
Clyde River, NU X0A 0E0  
1-867-924-6565

**Alcohol  
Committee:**  
1- 867-924-6614

**Suicide Prevention**  
1-867-924-6366

**Family  
Counselling:**  
1-867-924-6366

**Irgutait Youth Council:**  
1-867-924-6613

**Igloolik**  
**Igloolik Health Centre**  
Rayleen Swanson, Nurse  
Manager  
PO Box 240  
Igloolik NT X0A 0LD  
Tel: (867) 934-8837  
Fax: (867) 934-8901

**Atguttaaluk School**  
Box 150  
Igloolik, NU X0A 0LO  
1-867-934-8600  
Fax: 1-867-934-8571

**Health Centre**  
934-8837

**Alcohol Education  
Committee** 934-8820

**Niutaq Cultural Institute**  
934-8561

**Iqaluit**  
**City After Hours  
Emergency Dispatch**  
979-5650

**Health & Social Services**  
979-7600

**Qimaavik  
Women's Shelter** : 979-4500

**Kamatsiaqtut Nunavut Help  
Line**  
**Suicide and crisis  
intervention**  
(7:00 pm-12:00 am)  
979-5281

**Alcoholics Anonymous  
(Wellness Centre)**  
979-2533

**Isumaqsungittut Youth  
Centre**  
Box 1439  
Iqaluit, NU X0A 0H0  
1-867-979-4452

**Qikiqtaaluk Baffin Regional  
Agvvik Society (Women's  
Shelter) and Iqaluit Victim  
Services**  
Box 237  
Iqaluit, NU X0A 0H0  
1-867-979-4566  
Fax: 1-867-979-0328

**Qikigtani Inuit Association**  
Box 1340  
Iqaluit, NU X0A 0H0  
1-800-667-2742  
1-867-979-5391  
Fax: 1-867-979-2918

**Iqaluit Community Health  
Unit**  
Sac 200 #1000, station  
postale 1031

Immeuble n° 155  
Iqaluit, NU X0A 0H0  
Telephone: 1-867-979-5306

**Illitiit Society, Oqota  
Emergency Shelter**  
Box 909  
Iqaluit, NU X0A 0H0  
1-867-979-3652  
Fax: 1-867-979-0061

**Panqnirtung  
Kunguiq Community Justice  
Committee**  
Box 140  
Pangnirtung, NU X0A 0R0  
1-867-473-8018  
Fax: 1-867-473-8349

**Health Centre**  
Box 454  
Pangnirtung, NU X0A 0R0  
1-867-473-8977  
Fax: 1-867-474-8519

**Yukon**  
**Yukon Government Health  
and Social Services**  
<http://www.hss.gov.yk.ca/programs/>

**Yukon drug help line** 1-800-  
661-0408

**STI/HIV/AIDS Helpline** at 1-  
800-661-0408 extension  
8323  
or extension 8369

**Mental Health Resources**  
1-800-661-0408, local 8346.

**Faro**  
**Faro Medical Clinic**

Box 99  
Faro, YT Y0B 1K0  
Phone: (867) 9944444  
Fax: (867) 9943457

**Faro Youth Justice**  
(867)994-2749

**Addiction Prevention and Education**

Sandy Schmidt  
867-667-5923  
[sandy.schmidt@gov.yk.ca](mailto:sandy.schmidt@gov.yk.ca)

**Haines Junction**

**Haines Junction Health Centre**  
867-634-4444

**Community Justice Committee**

(867)634-7020

**Haines Junction Youth Justice**  
634-2203

**Addiction Prevention and Education**

Corry Rusnak  
867-667-5890  
[corry.rusnak@gov.yk.ca](mailto:corry.rusnak@gov.yk.ca)

**Whitehorse**

**Alcohol and Drug Services**

6118 - 6th Avenue (Sarah Steele Building)  
Whitehorse, Yukon Y1A 1M9  
(867) 667-5777  
Weekly drop-in sessions every Tuesday from 9:00 AM to 11:00 AM (get there before 10:30am)

Branigan Clinic, 106 Lambert Street, (867) 667-6491

Canyon Mountain Medical Centre, 3059-3rd Avenue, (867) 633-3111

Klondyke Medical Clinic, 3089-3rd Avenue, (867) 668-4065 or 668-4060

Pine Medical Clinic, 5110-5th Avenue, (867) 668-4353

Whitehorse Medical Services, 406 Lambert Street, (867) 393-6646

Mina North Walkin Clinic  
867-634-4444

8 – 106 Main Street  
Whitehorse, YT Y1A 2A7

**(Women's Shelter)**

**Kaushee's Place in Whitehorse**

(867) 668-5733  
(Can call collect 24 hours a day)

**Environmental Health Services**

#2 Hospital Road  
Whitehorse, Yukon Y1A 3H8  
(867) 667-8391

**Northwest Territories**

STI/HIV/AIDS Helpline at 1-800-661-0844

NT Drug Help line  
1-800-661-0844 (7-11 p.m. nightly)

**Inuvik**

**Community Social Services**

Bag #2  
Inuvik, NT XOE OTO  
1-867-777-7246  
Fax:1-867-777-4355  
E-mail:  
[sharonspinks@gov.nt.ca](mailto:sharonspinks@gov.nt.ca)

**Family Counselling Centre: Canadian Mental Health Association**

Box 1915  
Inuvik, NT XOE OTO  
1-867-977-4148  
Fax: 1-867-777-2235  
Email:  
[famcouns@nt.sympatico.ca](mailto:famcouns@nt.sympatico.ca)

**Inuvik Victim Services**

Box 2869  
Inuvik, NT XOE OTO  
1-867-777-5493  
Fax: 1-867-777-3181  
Email:  
[lane\\_woodfine@hotmail.com](mailto:lane_woodfine@hotmail.com)

**Crown Victim Witness Program**

Box 2840  
Inuvik, NT XOE OTO  
1-867-777-3075  
Fax: 1-867-777-3260  
Email:  
[jsnowshoe@justice.gc.ca](mailto:jsnowshoe@justice.gc.ca)

**Inuvik Youth Centre Society**

PO Box 1491  
Inuvik, NT  
XOE OTO  
phone: (867) 777-4992  
fax (867) 777-4493  
email:  
[info@inuvikyouthcentre.org](mailto:info@inuvikyouthcentre.org)  
contacts: Sarah Earley or  
Joanna Lehrer

**Turning Point (wellness organization)**

Box 2304  
Inuvik, NT XOE 0T0  
1-867-777-2726  
Fax: 1-867-777-4597

**Arctic Family Medical House Medical Clinic**

Bag #2, Inuvik, NT, XOE 0T0  
867-777-2954 Phone  
867-777-2653 Fax

**Inuvialuit Cultural Centre**

867-777-2595 Phone 867-777-2799 Fax

**Hay River Reserve**

**Alcohol and Program (Katlo Deedhe First Nation)**

Box 3061  
Hay River Reserve, NT XOE 1G4  
1-867-874-2838  
Fax: 1-867-874-3229

**Nats'ejee k'eh Treatment Centre**

Box 3053  
Hay River Reserve, NT XOE 1G0  
1-867-874-6699  
Fax: 1-867-874-6611

**Chief Sunrise Educational Centre**

Box 3055  
Hay River Reserve, NT XOE 1G4  
1-867-874-6444  
Fax: 1-867-874-3678

**Hay River  
Advocacy Program (Soaring Eagle Friendship Centre)**

8 Gagnier St., Suite 2

Hay River, NT XOE 1G1  
1-867-874-6581  
Fax: 1-867-874-3362

**Community Social Services**

3, Gaetz Dr.  
Hay River, NT XOE 0R8.  
1-867-874-7213  
Fax: 1-867-874-7213

**Hay River Community Victim Witness Assistance Program**

3, Gaetz Drive  
Hay River NT XOE 0R0  
1-867-874-7212  
Fax: 1-867-874-7224  
E-mail:  
Alexandra\_Smith@gov.nt.ca

**Family Support Centre and Safe Home Network**

Box 4413  
Hay River, NT XOE 1G3  
1-867-874-6626 (*crisis line*)  
1-867-874-3311  
Fax: 1-867-874-3252  
Email: famsnn@ssimicro.com

**Yellowknife**

**Alison McAteer House (YWCA Yellowknife)**

103 - 4904 54th Ave.  
Yellowknife, NT XOE 1H7  
1-867-669-0236  
Fax: 1-867-699-0334  
E-mail:  
amh@yellowknifeywca.ca

**Women and Children's Healing and Recovery Program (YWCA Yellowknife)**

Box 2303  
Yellowknife, NT X1A 1E7  
1-867-873-2566  
Fax: 1-867-873-2576

**Somba Ke' Healing Lodge**

Box 1290  
Yellowknife, NT X1A 2N9  
1-867-669-0699  
Fax: 1-867-669-3507

**Yellowknife Victim Services, NWT Native Women's Association**

Box 2321  
Yellowknife, NT X1A 2P7  
1-867-920-2978  
Fax: 1-867-920-3152

**Grollier Hall Residential School Healing Circle**

Box 115  
Yellowknife, NT X1A 2N1  
1-867-669-9776  
Fax: 1-867-669-9777

**Crown Victim Witness Assistant**

Box 8  
Yellowknife, NT X1A 2N1  
1-867-669-6911  
Fax: 1-867-669-4022

**Newfoundland**  
**Labrador      ok-**

STI/HIV/AIDS Helpline at 1-  
800-563-1575

**Nain**

**Nain Transition House Inc.**

(709) 922-1230

Toll Free 1-866-922-1230

**Department of Justice -**

**Victim Services**

(709) 922-2360

Informations:( 709)-896-  
3251

**Child, Youth and Family  
Services**

Cartwright / Nain / Hopedale  
/ Makkovik

Ph: (709) 938-7413

Ph: (709) 922-2858

Ph: (709) 933-3887

Ph: 709) 923-2129

## **Nova Scotia--- ok**

STI/HIV/AIDS Helpline at 1-800-566-2437

### **(Shearwater) Halifax**

#### **Halifax Sexual Health Centre (formerly Planned Parenthood Metro Clinic)**

6009 Quinpool Rd., Suite 201  
HaliFax, NS

B3K 5J7

Tel: (902) 455-9656

Fax: (902) 429-3853

E-mail:

[info@HalifaxSexualHealth.ca](mailto:info@HalifaxSexualHealth.ca)

Website:

[www.HalifaxSexualHealth.ca](http://www.HalifaxSexualHealth.ca)

Hours of Operation

Office: Mon. & Fri.: 8:30 am -  
4:30 pm

(closed 12-1 for lunch)

Wed: 1 pm-4:30pm

Tues. & Thurs: 8:30 am - 8 pm  
(closed 12-1 pm for lunch)

Clinic: Doctor services  
available at various times  
during the week

### **Truro**

**We'kopekwitk Métis Council**  
(902)758-2056(evenings)

### **Public Health Services**

#### **Offices**

Colchester Regional Hospital  
Annex

201 Willow Street, 3rd Floor

Phone: 893-5820

Fax: 893-5839

### **Childrens Aid Society &**

#### **Family Services Of**

#### **Colchester Co**

60 Lorne Street

Truro, NS B2N 3K3, Canada

(902) 893-5950

### **Community Enhancement Association**

105B Walker Street

Truro, NS B2N 4B1, Canada

(902) 893-1911

### **Mi'Kmaq Family & Children Services Of NS**

- [www.gov.ns.ca](http://www.gov.ns.ca) - (902) 758-  
3553

### **Millbrook**

#### **Millbrook First Nation**

Phone #: (902)897-9199

### **Nova Scotia Native Women's Association**

24 Marshal Lane

Millbrook, NS

Canada

Telephone: (902) 893-7402

FAX: (902) 897-7162

E-mail: [NSNWA@Istar.ca](mailto:NSNWA@Istar.ca)

### **Elsipogtog Health &Wellness Center**

205 Big Cove Road,

Elsipogtog, NB E4W 2S1

No phone number but offers  
clinical services, community  
health, maternal and child  
health, environmental  
health, disease prevention,  
home and community care,  
mental health and  
community wellness,  
ambulance services, client  
assistance, culture and  
spirituality, support staff...etc  
<http://www.ehwc.ca/welco>  
me.htm

## **Ontario--- ok**

**STI/HIV/AIDS Helpline at 1-800-668-2437**

### **Kenora Northwestern Health Unit**

The MISSION of the Northwestern Health Unit is to encourage healthy behaviours and lifestyles by promoting and protecting conditions in which people can achieve an optimal level of health.

Residents served by the Northwestern Health Unit reside in municipalities, First Nation communities and unorganized areas within the Kenora-Rainy River District\*\* in the province of Ontario. While the totality of the Kenora-Rainy River District encompasses 413,688 square kilometers, the Northwestern Health Unit service area encompasses an area of approximately 191,657 square kilometers.

21 Wolsley Street  
Kenora, Ontario P9N 3W7  
Tel: (807) 468-3147  
Fax: (807) 468-4970  
Web: [www.nwhu.on.ca](http://www.nwhu.on.ca)

### **Ne'Chee Friendship Centre**

Programs and services currently provided are: Criminal Courtworker, Street Patrol, Native Inmate Liaison Worker, Family Courtworker, Aboriginal Healing and Wellness, Aboriginal Healthy Babies, Life Long Care, Aboriginal Family Support, Drug Education and Living, Employment, Homelessness, and an Urban Multipurpose Aboriginal Youth Centre.  
P.O. Box 241, 1301 Railway Street

Kenora, ON  
P9N-3X3  
807-468-5440

### **New Directions Counseling Centre**

New Directions Counselling Centre is a non profit mental health program that offers a range of mental health services. We are funded by the Ministry of Health and Long Term Care and provide our services free of charge to residents of the Province of Ontario. We provide mental health counselling/therapy, case management, court diversion/court support, assertive community treatment and supportive housing. Self referral is accepted. 8:30 am to 4:30 pm during the fall/winter  
8:00 am to 4:00 pm during the spring/summer  
Assertive Community Treatment is available 8:00 am to 6:00 pm for individuals who qualify for this specialized service. Monday to Friday.  
Assertive Community Treatment is provided 24/7  
Ages: 16 year(s) and up

We provide services to adults.  
No fees  
2-227 Second Street South,  
Kenora - (807) 468-1838

**Scarborough  
East Metro Youth Services**  
(community based mental health centre for youth)  
1200 Markham Road, Suite 200  
Scarborough, Ontario  
M1H 3C3

Tel: 416-438-3697  
Fax: 416-438-7424  
Email: [emys@emys.on.ca](mailto:emys@emys.on.ca)  
[www.emys.on.ca](http://www.emys.on.ca)

**The Scarborough Hospital**  
3050 Lawrence Avenue East  
(at McCowan Road),  
Scarborough, Ontario M1P 2V5  
Canada  
Phone :  
416.438. 2911

**Scarborough Community Centre**  
3600 Kingston Rd  
(416) 396-4048  
**West Scarborough Community Centre**  
313 Pharmacy Ave  
(416) 755-9215

**Native Cdn Centre of Toronto**  
children's summer camps, arts and crafts and other children's programming; cultural activities (ceremonies, arts, crafts, dance, language, drumming and singing); information and referral services, crime prevention activities, counseling, a community history project, employment and training support, congregate dining and personal support work for seniors, low income families and homeless.  
16 Spadina Road  
Toronto, ON  
M5R-2S7  
416-964-9087

**Council Fire Native Cultural Centre Inc.**  
Training, cultural, recreational, counselling and drop-in services for Toronto's

Aboriginal community  
439 Dundas Street East  
Toronto, ON  
M5A-2B1  
416 360-4350

### **Vanier**

#### **Carrefour Vanier Medical Centre - Vanier**

1 613 744 4978  
150 Montr al Road  
Vanier, ON, K1L8H2

### **Wabano Centre For Aboriginal Health**

The main purpose of the Centre is to create and deliver services that will prevent ill health, treat illness and provide support and aftercare. Services will be offered in a culturally-sensitive way that welcomes, accepts and represents all Aboriginal people(s).

The Wabano Centre for Aboriginal Health is an urban health centre that:

1. Provides quality, holistic, culturally-relevant health services to Inuit, M tis and First Nation communities of Ottawa.
2. Engages in clinical, social, economic and cultural initiatives that promote the health of all Aboriginal people.
3. Promotes community-building through education and advocacy.
4. Serves as a centre of excellence for urban Aboriginal health.

299 Montreal Road  
Vanier, Ontario  
Phone: +1 613 748 5999

### **Ottawa**

#### **Planned Parenthood Ottawa**

Suite 701-331 Cooper St.,  
Ottawa, ON  
K2P 0G5  
Tel: (613) 226-3234  
Fax: (613) 226-8955  
E-mail: [ppottawa@ppottawa.ca](mailto:ppottawa@ppottawa.ca)  
Website: [www.ppottawa.ca](http://www.ppottawa.ca)  
Hours of Operation

Office: Mon. - Fri., 8:30 am - 4:30 pm

#### **Teen Sex InfoLine:**

Teen Counselling for teens by teens  
Tel: (416) 961-3200  
Monday to Wednesday: 4pm to 9pm  
Saturday and Sunday: Noon to 6pm

Whether you have a question about birth control options, sex, relationships, pregnancy, sexually transmitted infections, or peer pressure, Planned Parenthood Toronto has trained teen volunteers who can help you find answers on the Teen Sex InfoLine. Plus, our volunteers are non-judgmental, sex-positive, inclusive, and pro-choice, and the service is completely confidential.

MSN instant messaging or e-mail alternatives to our Teen Sex Infoline phone service where our trained teen volunteers can answer your questions about healthy sexuality. Whether you need to know about birth control options, sex, relationships, pregnancy, sexually transmitted infections, or peer pressure, PPT volunteers can help you find answers.

Our MSN chat service is open:  
Monday to Wednesday: 4pm to 9pm  
Saturday and Sunday: Noon to 6pm

To use this service, you will need to have MSN messenger installed on your computer. You can download it at [messenger.msn.com](http://messenger.msn.com). You'll also need a hotmail or passport e-mail account. You can chat live with us at [spiderbytes@hotmail.com](mailto:spiderbytes@hotmail.com). You can also e-mail us a question at any time of the day at [askus@spiderbytes.ca](mailto:askus@spiderbytes.ca). Our trained teen volunteers will respond to your question within three days.

### **National Aboriginal Healing Organization**

NAHO  
220 Laurier Ave. W.  
Suite 1200  
Ottawa, ON K1P 5Z9  
Phone: (613) 237-9462  
Toll Free: 877-602-4445  
Fax: (613) 237-1810  
E-mail: [info@naho.ca](mailto:info@naho.ca)

### **Odawa Native Friendship Centre**

Our hours of operation are Monday to Friday 9:00am to 5:00pm.  
Postal Address:  
12 Stirling Avenue  
Ottawa, ON K1Y 1P8  
Canada  
Telephone: 613-722-3811  
Fax: 613-722-4667

**Violence against women shelters and crises lines:**

Chrysalis House: 613-591-5901

Interval House: 613-234-5181

La Présence: 613-241-8297

Maison D'Amitié: 613-747-0020

Nelson House: 613-225-3129

Women's Crisis Line: 613-745-4818

Distress Centre: 613-238-3311

## **British Columbia**

### **Victoria**

**Transition House**  
(250) 385-6611

**Women's Sexual Assault  
Centre** (250) 383-3232

**Victoria Youth Clinic**  
533 Yates Street, Victoria -  
(250) 383-3552

**Victoria Youth Clinic**  
547 Michigan Street, Victoria  
(250) 388-7841

**Victoria Native Friendship  
Centre**  
231 Regina Avenue, Victoria  
BCV8Z1J6  
250-384-3211

### **Surrey**

**Surrey North Community  
Health Centre**  
10697 135A Street  
Surrey, BC V3T 4E3, Canada  
(604) 583-5666

**South Fraser Community  
Services**  
(604) 589-4746, (604) 589-  
8678, (604) 589-7777  
10667 135A Street  
Surrey, BC V3T4E3

**Kla-how-eya Aboriginal  
Centre of Surrey Aboriginal  
Cultural Society**  
*Listening to Our Elders*  
13629 – 108th Avenue,  
Surrey, BC V3T 2K4  
Phone: (604) 599-  
4795 [www.sacsbc.org](http://www.sacsbc.org)

**OPTIONS Services to  
Communities** (counselling  
services, housing services,  
mental health services,  
multicultural services,  
volunteer services, women's  
services, and youth services)  
100 – 6846 King George  
Highway, Surrey, BC V3W  
4Z9  
Phone: (604) 596-  
4321 [www.options.bc.ca](http://www.options.bc.ca)

### **Vancouver**

**Options for Sexual Health**  
3550 E. Hastings St.,  
Vancouver, BC  
V5K 2A7  
**Tel:** (604) 731-4252  
**Fax:** (604) 731-4698  
**Facts of Life Line:** 1-800-739-  
7367, or  
731-7803 (in Lower Mainland)  
**E-mail:** [admin@optbc.org](mailto:admin@optbc.org)  
**Web site:**  
[www.optionsforsexualhealth  
.org](http://www.optionsforsexualhealth.org)

### **Sexual Abuse Issues**

Battered women support  
services (BWSS) provides  
free support services for all  
women who are or have  
been in an abusive, intimate  
relationship as an adult. The  
abuse may be emotional,  
physical or sexual.

**Counselling:** (604) 687-1667  
**TTY:** (604) 687-6732

There is no charge for our  
support groups and some  
subsidies are available for  
childcare and transportation  
costs.

**Tel:** (604) 687-1867  
**TTY:** 687-6732

### **Vancouver Aboriginal Friendship Centre**

1607 E. Hastings St.  
Vancouver, BC  
V5L 1S7  
Ph. (604)251-4844  
Fx. (604)251-1986  
Email: [info@vafcs.org](mailto:info@vafcs.org)-

### **Vancouver Aboriginal Transformative Justice Services**

604-251-7200

### **Vancouver Aboriginal Child and Family Services Society (VACFSS)**

745 Clark Drive  
Vancouver, BC  
V5L 3J3  
604-872-6723 or 1-877-982-  
2377

## Quebec

**Domestic Violence Hotline**  
1-800-363-9010

**Inukjuak**  
**Inuulitsivik Health Centre**  
Puvirnituq, QC  
Canada  
J0M 1P0  
**Phone** (819) 988-2957  
**Fax** (819) 988-2796  
**E-mail**  
[inuulitsivik@ssss.gouv.qc.ca](mailto:inuulitsivik@ssss.gouv.qc.ca)

**Inukjuak Reintegration Centre**  
Inukjuak (Quebec) Nunavik  
J0M 1M0  
Telephone: (819) 254-8738  
FAX : (819) 254-891

**Inukjuak Youth Committee / Youth Centre**  
C.P. 346, Inukjuak Qc. J0M 1M0  
819-254-8633

**CLSC-Point de service d'Inukjuak**  
819-254-8827

**Comité de santé d'Inukjuak/Assistance et accompagnement pour plaintes des usagers**  
(For Health Care related complaints)  
819-254-8827

**Comité de santé d'Inukjuak/Assistance et accompagnement pour plaintes des usagers**

Inukjuak Qc. J0M 1M0  
819-254-8827  
819-254-8577

NSP / ND

Charlie Novokawalk

**Le mandat du comité de santé inclut ce qui suit :**

- Participer à la promotion de la santé et à la distribution d'informations sur la santé et les services sociaux.
- Identifier des interprètes et sensibiliser les intervenants extérieurs aux aspects culturels locaux.
- Participer à l'administration et à l'organisation des services de santé.
- Assurer que les services municipaux soient conformes aux standards acceptables en santé publique.
- Représenter les intérêts des membres de la communauté en matière de santé et de services sociaux.
- Recevoir et acheminer les plaintes des usagers des services de santé. À ce niveau, les responsabilités du comité sont

les suivantes: les usagers des services ont le droit de porter plainte par rapport aux services qu'ils ont reçus. Un individu du comité est responsable de s'assurer que la plainte sera vue par l'organisme approprié, ainsi que d'accompagner l'utilisateur dans sa démarche. Les plaintes qui sont normalement acceptables ont trait aux sujets suivants: compétence des intervenants, problèmes légaux (droit au respect, droit à la confidentialité), ressources et qualité des services (hygiène, confort, service de cafétéria, équipement médical, etc.), aspects financiers (coûts des médicaments, des ambulances), et droits du patient qui n'entrent pas dans les catégories ci-dessus (droit au consentement éclairé, droit à la

représentation,  
etc.).

9h00 à 17h00

**Nunavik Regional Board of  
Health and Social Services**

C.P. 900

Kuuujuaq (Quebec)

JOM 1C0

Tel. : (819) 964-2222

[www.rrsss17.gouv.qc.ca/en/  
nunavik/communautes/inukjuak.aspx](http://www.rrsss17.gouv.qc.ca/en/nunavik/communautes/inukjuak.aspx)

**Wemindji**

**Cree Board of Health and  
Social Services of James Bay  
Physicians, Dentists and  
Pharmacists please contact:**

The Director of Professional  
Services - Medical,  
Cree Board of Health and  
Social Services of James Bay,  
Chisasibi, Québec J0M 1E0  
Telephone (819) 855-2844,  
extension 5248  
Fax (819) 855-2098

Or

Dr Charles Dumont, medical  
consultant,  
Cree Board of Health and  
Social Services of James Bay,  
e-mail : [md@mednord.org](mailto:md@mednord.org)

**Nurses and other health  
professionals please contact:**

Mme Annie Bobbish,  
Director,  
Human Resources  
Department,  
Cree Board of Health and

Social Services of James Bay,  
Chisasibi, Québec J0M 1E0  
Telephone (819) 855-2844  
e-mail :

[abobbish@ssss.gouv.qc.ca](mailto:abobbish@ssss.gouv.qc.ca) or  
[vsnoboy@ssss.gouv.qc.ca](mailto:vsnoboy@ssss.gouv.qc.ca)

**Clinique Wemindji**

819-978-0225

a partir de la pas appelle  
encore

**Centre de réintégration  
FASS**

C.P. 307, Inukjuak Qc. J0M  
1M0

819-254-8007

819-254-8913

[beethoven.assante@ssss.gouv.qc.ca](mailto:beethoven.assante@ssss.gouv.qc.ca)

Beethoven Assante

Résidentiels de placement  
de courte et de longue  
durée, d'intervention de  
crise de courte durée, et de  
répit ; externes, comme  
programme de jour, ou de  
support et de suivi  
communautaire. Capacité :  
8 lits

24 heures

Personnes de plus de 18  
ans aux prises avec des  
problèmes persistants et  
sévères de santé mentale  
ou de déficience  
intellectuelle

MSSSQ, C.S. Inuulitsivik  
(RRSSSN)

**Centre de traitement  
Anarrapik**

Inukjuak Qc.  
J0M 1M0

819-254-8887

819-254-8605

NSP / ND

Johnny  
Kingalik

Hébergement,  
assistance,  
soutien,  
information et  
intervention  
pour les  
jeunes  
déviant, les  
jeunes aux  
prises avec  
des  
problèmes  
d'abus  
d'alcool et de  
drogues  
(renflage  
d'essence),  
victimes  
d'abus  
sexuel,  
suicidaires ou  
en situation  
de crise,  
prévention  
d'abus de  
substance, et  
réhabilitation  
des  
toxicomanes

7 jours par  
semaine, 24  
heures sur 24

Jeunes de 0 à  
17 ans de  
toute la région  
du Nunavik

MSSS et  
RRSSS

**CLSC-Point de service  
d'Inukjuak**

Inukjuak Qc. J0M 1M0

819-254-8827

819-254-8588

[nursing.inukjuak@ssss.gouv.qc.ca](mailto:nursing.inukjuak@ssss.gouv.qc.ca)

**Services principaux :**  
Services d'urgence, consultations

médicales, santé communautaire (soins domicile, soins périnataux, contraception, santé dentaire, santé scolaire, santé au travail, services sociaux)	9h00 à 17h00 du lundi au vendredi	922-3329
<b>Autres services :</b> Archives, laboratoire, radiologie, électrocardiographie, physiothérapie/ergothérapie, pharmacie, unité d'observation	<b>Maison d'hébergement pour femmes Tungasuvvik</b>	819-922-3149
<b>Association des femmes Arnautiit (Nunavik)</b>	C.P. 586, Kuujuaq Qc. J0M 1C0 819-964-0536 819-964-2792 NSP / ND Sara Tagoona	NSP / ND Siasi Mangiuk
C.P. 586, Kuujuaq Qc. J0M 1C0 819-964-2222 819-964-2338 susie.gordon@ssss.gouv.qc.ca Susie Gordon, Sarah Tagoona Promotion de la condition féminine 9h00 à 17h00 du lundi au vendredi Femmes et enfants de Kuujuaq NSP / ND	Hébergement, aide, soutien, information et référence pour des femmes, leurs enfants et des personnes âgées qui sont victimes de violence familiale, prévention et parfois intervention directe, promotion de l'estime de soi à travers des thérapies de groupe 24 heures, 7 jours par semaine Femmes abusées de tout âge avec leurs enfants venant de toute la région du Nunavik	Entraide aux femmes et à leur famille 9h00 à 17h00 Femmes d'Ivujivik Vente de produits
<b>CLSC-Point de service de Kuujuaq</b>	<b>Comité de femmes Women's Helpers Kangiqsujuaq</b>	
C.P. 149, Kuujuaq Qc. J0M 1C0 819-964-2905 819-964-2739 pierre.provost@ssss.gouv.qc.ca Pierre Provost (directeur des services communautaires)	du lundi au vendredi, la nuit à travers des thérapies de groupe 24 heures, 7 jours par semaine Femmes abusées de tout âge avec leurs enfants venant de toute la région du Nunavik	C.P. 39, Kangiqsujuaq, Qc., J0M 1K0 819-338-1143 819-338-3237 NSP / ND Inuluk Qisiid Activités de charité et de support envers les membres plus dépourvus de la communauté 9h00 à 17h00 du lundi au vendredi Femmes de Kangiqsujuaq
<b>Services principaux :</b> Services sociaux, protection de la jeunesse, consultations médicales, santé communautaire (maintien à domicile, soins périnataux, contraception, santé dentaire, santé scolaire, santé au travail)	<b>Groupe de femmes Pauktuutiit d'Ivujivik</b>	
<b>Autres services :</b> Archives, laboratoire, radiologie, électrocardiographie, physiothérapie/ergothérapie, pharmacie	Ivujivik, Qc., J0M 1H0 819-	<b>Centre d'hébergement pour femmes Initsiak</b>

C.P. 239,  
Salluit Qc.  
J0M 1S0  
819-255-8817  
819-255-8150  
NSP / ND  
Elisapi Okituk  
Centre  
d'hébergement  
offrant du  
soutien, de  
l'éducation, de  
l'information et  
de l'assistance  
aux femmes  
avec des  
troubles  
psychiques,  
aux victimes  
d'abus sexuel  
ou de violence  
conjugale, aux  
femmes en  
situations de  
crise, et aux  
femmes en  
perte  
d'autonomie  
24 heures, 7  
jours par  
semaine  
Femmes de  
tout âge avec  
leurs enfants  
de toute la  
région du  
Nunavik

**Centre de crise Satumavik**

C.P. 67,  
Umiujaq Qc.  
J0M 1Y0  
819-331-7840  
Fax: 819-331-  
7841  
NSP / ND  
Billy Tooktoo  
Le mandat  
principal de

ce centre est  
d'offrir de  
l'hébergement  
aux membres  
de la  
communauté  
dans le  
besoin, afin  
d'ensuite  
déterminer  
s'ils doivent  
être référés à  
des services  
plus  
spécialisés ou  
bien si on  
peut les aider  
sur place.  
L'organisme  
offre de  
l'hébergement  
à court terme  
aux  
personnes en  
dépression  
majeure, aux  
individus  
suicidaires,  
aux victimes  
d'abus, de  
violence, de  
négligence,  
etc. qui  
nécessitent  
une protection  
d'eux-mêmes  
ou des autres.  
Le centre  
offre des  
services de  
consultation,  
de soutien et  
d'intervention.

9h00 à  
17h00, lundi à  
vendredi  
Victimes  
d'abus et de  
violence  
conjugale  
d'Umiujaq,  
enfants  
abusés,  
personnes

suicidaires

**Maison d'hébergement  
l'Aquarelle**

Ville : Chibougamau

Tél. : 418-748-7654

Fax. : 418-748-4474

Courriel :

[info@maisonaquarelle.ca](mailto:info@maisonaquarelle.ca)